PENILE IMPLANT SURGERY

PREOP INSTRUCTIONS

You will not be able to eat or drink anything after midnight the night before your surgery. This also includes candy, gum and tobacco products. If you normally take medications in the morning for your heart, blood pressure, thyroid, seizures or Parkinson’s, you may take these with a small sip of water when you first wake up. If you normally take medication for diabetes in the morning, **DO NOT TAKE IT**! You will need to bring this medication with you. We will check your blood sugar when you arrive. If you use inhalers on a daily basis for asthma, you will need to bring these with you. If you use a CPAP at night when you sleep, you will need to bring that with you. If you take a narcotic medication on a daily basis for a chronic condition, you will need a family member present on admission to sign the operative permit. **NO JEWELRY OR CONTACT LENSES.** You will be asked to remove dentures and glasses. Do bring a pair of warm socks for your feet. You may wear these back to the Operating Room.

You will need someone to drive you home. They may drop you off if they are available by cell phone to come back when you get to the recovery room. You should make arrangements to have someone stay with you for 24 hours after you return home because you will need to rest and take it easy. You will not be able to drive or operate machinery for 24 hours. You shouldn’t make any important decisions or sign any legal documents for 24 hours.

**NO ALCOHOLIC BEVERAGES, SLEEPING MEDICATIONS, TRANQUILIZERS OR NON-PRESCRIPTION MEDICATIONS** for 24 hours.

You will be asked to arrive one hour prior to your surgery time. When you arrive, you will be asked to sign some paperwork and then you will be brought back to the pre-op area and checked in. The nurse will ask you to sign consent forms. It is important that your physician has gone over the risks and benefits of your procedure and that you understand them prior to signing. Should any questions arise after your doctor has explained everything, feel free to ask the nurse. We will be happy to answer them. The nurse will take your vital signs and start your IV. You will be given a pill and IV medication to decrease production of gastric secretions. You may also receive IV antibiotics. We will check your sugar if you are diabetic. You will be interviewed by your anesthesiologist. You should address any problems or concerns you have with anesthesia at that time. You will be given medications by the anesthesiologist during your surgery to make you sleepy and make you forget. They also give medication so you will be free of pain during the procedure. When the procedure is complete, the anesthesiologist will make sure your respiratory status is stable before you are taken to recovery.
Please tell your physician if you are taking any of the following medications. The following is a guideline for when they should be stopped.

- **ASPIRIN OR ASPIRIN CONTAINING PRODUCTS** - 7 DAYS
- **NSAIDS (MOTRIN, ADVIL, ALLEVE)** - 7 DAYS
- **LOVENOX** - 2 DAYS
- **TRENTAL** - 3 DAYS
- **PRADAXA** - 3 DAYS
- **PLAVIX** - 5 DAYS
- **COUMADIN** - 5 DAYS
- **TICLID** - 7 DAYS
- **AGGRENOX** - 7 DAYS

You may take Tylenol as needed before the procedure.
We may need guidance from the prescribing physician before you stop these medications. Your surgeon will let you know.

**THE SURGERY**

You have been given a pamphlet to explain the specific device being implanted.

**ABOUT RECOVERY**

You will be taken to the recovery room when your surgery is completed. When you arrive in recovery, you will just be waking up. The nurse will be reconnecting you to a monitor to measure your vital signs and they will ask you to take deep breaths frequently. The IV will remain in place until we are sure you can tolerate fluids by mouth and are able to urinate. We want to make you as comfortable as possible, so please let the nurse know if you have any pain or nausea. You will be in the recovery room approximately one hour if there are no complications.

You will have a dressing wrapped around the penis and a scrotal supporter will be in place when you get to recovery. The prosthesis will be partially inflated to help stop the bleeding caused from the operation. You may apply ice intermittently, 20 minutes on, 20 minutes off, once you get home. This will help to minimize the swelling. Wrap the ice in a towel and place it on top of the supporter. Never apply ice directly to the skin! IT IS VERY IMPORTANT THAT THE PENIS BE KEPT FACING UP TOWARDS THE ABDOMEN WITH THE SCROTAL SUPPORTER IN PLACE FOR 4-5 DAYS AFTER THE SURGERY. This helps the skin to stretch and heal properly. **DO NOT TRY TO ACTIVATE THE PROSTHESIS OR HAVE SEXUAL ACTIVITY UNTIL YOUR DOCTOR SEES YOU AT THE FIRST FOLLOWUP VISIT!!** No heavy lifting greater than 15 pounds or strenuous exercise for 6 weeks or until you are cleared by the physician. You can shower 36 hours after your surgery. Carefully unwrap the dressing and gently wash over the incision with soap and water. After you dry the incision thoroughly, you can apply some Neosporin ointment.
to the incision. Your doctor may want you to apply the ointment twice a day. He may also want you to reposition the pump in the scrotum. You will be given further instruction in the recovery room about this if the doctor thinks it is necessary. The doctor will usually talk with you and your family member about the outcome of your surgery and when he will see you for a follow-up appointment. When you are stable, the nurse will assist you to the bathroom to urinate. A responsible person will need to be present for the discharge instructions, sign them, and be able to drive you home. Your IV will then be removed and you will be escorted to your vehicle in a wheelchair. If you have any problems after you have been discharged, Please call 201-0505.

IT IS VERY IMPORTANT FOR YOU TO DRINK PLENTY OF FLUIDS AFTER YOU HAVE BEEN DISCHARGED! THIS CAN PREVENT COMPLICATIONS OF EXCESS BLEEDING.

COMPLICATIONS TO REPORT TO 201-0505

- Fever greater than 101.5 degrees
- Inability to urinate
- Signs of infection such as yellow drainage from incision.
- Reactions to medications (hives, rash, itching, nausea, vomiting, diarrhea, inability to breath, severe swelling.

MEDICATIONS YOUR PHYSICIAN MAY PRESCRIBE

Take antibiotics as ordered.
Take pain medication as needed.
You may also take Tylenol if you feel a narcotic is not needed.

IF YOU HAVE ANY QUESTIONS PRIOR TO YOUR PROCEDURE PLEASE CALL 309-0400